

Learning Lab session:  
13 August 2020

# Learning Lab

## Designing Behavioural Solutions for Immunization

COMMON THREAD



# Course Instructors Reminder

We're a mix of **strategists, behavioural scientists, anthropologists** and **storytellers**. Collectively we've worked on health worker attacks in Pakistan, Polio eradication, the West African Ebola Outbreak, Birth registration in Angola and more.



**Sherine Guirguis**  
*Co- Founder and Director,  
Common Thread*



**Michael Coleman**  
*Co- Founder and Director,  
Common Thread*



**Felicity Pocklington**  
*Research & Account Manager,  
Common Thread*



**Pauline Kabitsis**  
*Behavioural Scientist,  
Common Thread*

# Congratulations!

Congratulations to all learners for completing or almost completing Module 1!

A special shout out to students who completed the module  
at the **speed of light!**

- **Dilfuza Nabieva** - Uzbekistan
- **Diyora Arifdjanova** - Uzbekistan
- **Marina Topuridze** - Georgia
- **Nana Pruidze** - Georgia
- **Vanly Lorkuangming** - Lao PDR
- **Ha Pham** - Viet Nam

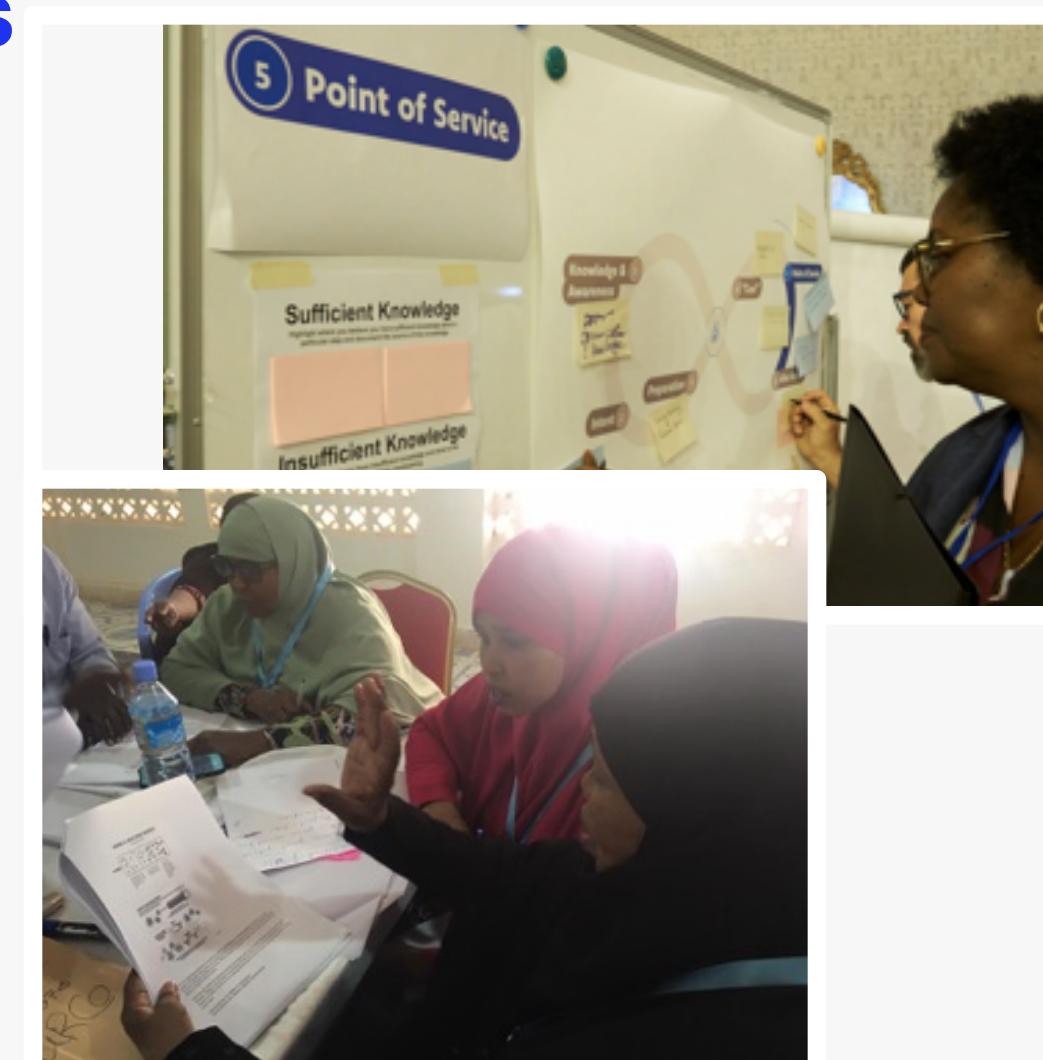


# Recall the Module Objectives

Learners will leave this module being able to:

- Define Demand Generation and Vaccine Hesitancy, and understand the difference between them.
- Understand behaviour change, and the levers that can successfully change behaviour.
- Identify behaviour change models and how they can be used to influence behaviour.
- Map and identify barriers across the Journey to Immunization framework.

**Do you feel like you've achieved these objectives?**



# Course Update

This is the **first** module in a **series** of modules that will help prepare you to design behaviourally informed solutions for immunization.

Stay tuned for the **second** module - *Using data to explain immunization behaviour* - which will cover how to use social research methods and tools to understand people's thinking, motivation and behaviour. This module will launch **October 16, 2020**.

Module 1:  
Understanding and generating demand for immunization



Coming soon...

LNCT  
Learning Network for Countries in Transition

**Module 2: Using data to explain immunization**

# Practical Exercise

# How to define a target population

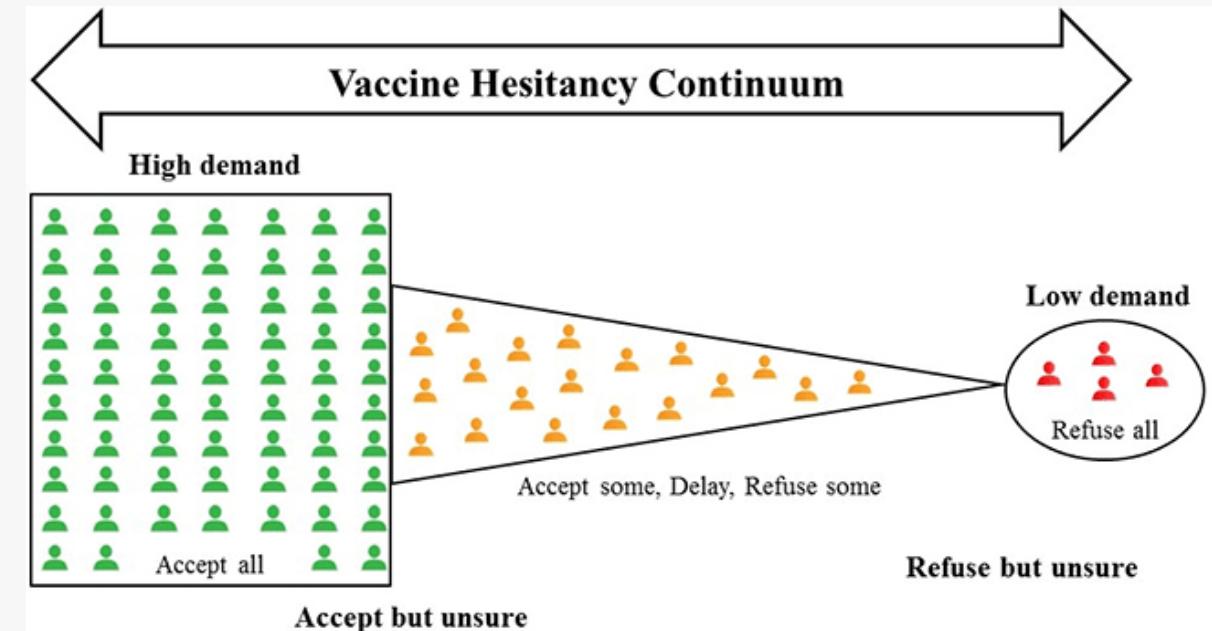
- Be specific
- Consider factors that may influence immunization uptake
  - Gender
  - Economic status
  - Region (Urban, Rural etc)
  - Religion
- Use data from DHS, MICs, KAP surveys and polls to support your population selection\*\*
- Use DTP1 and DTP3 coverage data to determine whether you have an access (supply side) problem or utilization (demand side) problem

“Our selected population are **[INSERT PEOPLE]** in **[AREAS]** because data indicates a high/low **[INSERT COVERAGE RATE]**”

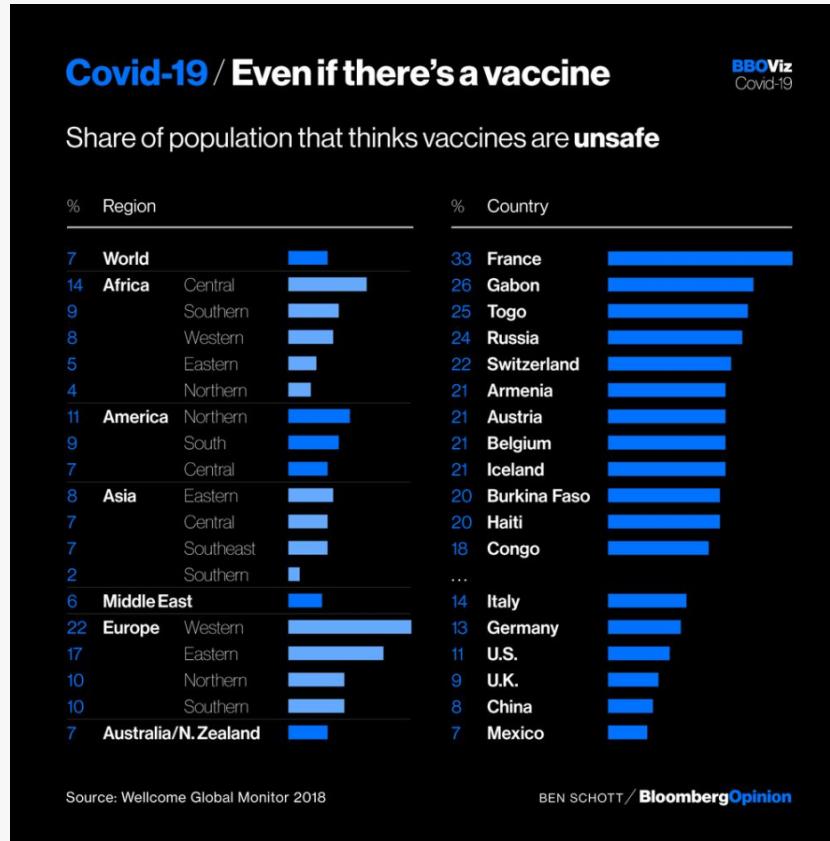
“Our selected population are **female Muslim caregivers** in the **Lake Chad Region**. We selected this population because **KAP surveys indicate a lack of trust in immunization** among this population and the latest DHS shows a **13% DTP1-DTP3 dropout rate** indicating a demand related challenge.”

# Why it's important to know how COVID-19 impacts hesitancy

- COVID-19 is hindering routine vaccination in 68+ countries.<sup>1</sup>
- In 2019, WHO named vaccine hesitancy as one of the top ten threats in Global Health.<sup>2</sup>
- There is an increasing number of vaccine hesitators as seen through a 30% increase in measles cases globally.
- Many countries that were close to eliminating measles have seen a resurgence.<sup>2</sup>
- With an increasing number of people becoming vaccine hesitant a complete stop in routine vaccination caused by COVID-19 could move these people towards becoming vaccine refusers.



# Examples of COVID-19, misinformation and hesitancy



Even before a coronavirus vaccine becomes available, some activists are ready to attack it; this woman attended a "Reopen Virginia" protest in Richmond in April. MATTHEW RODIER/SIPA USA/AP IMAGES

Just 50% of Americans plan to get a COVID-19 vaccine.

## Sun worshippers: Indonesians soak up the rays to battle virus

AFP | 29 April 2020, 01:57 PM IST



Didier Drogba   
@didierdrogba

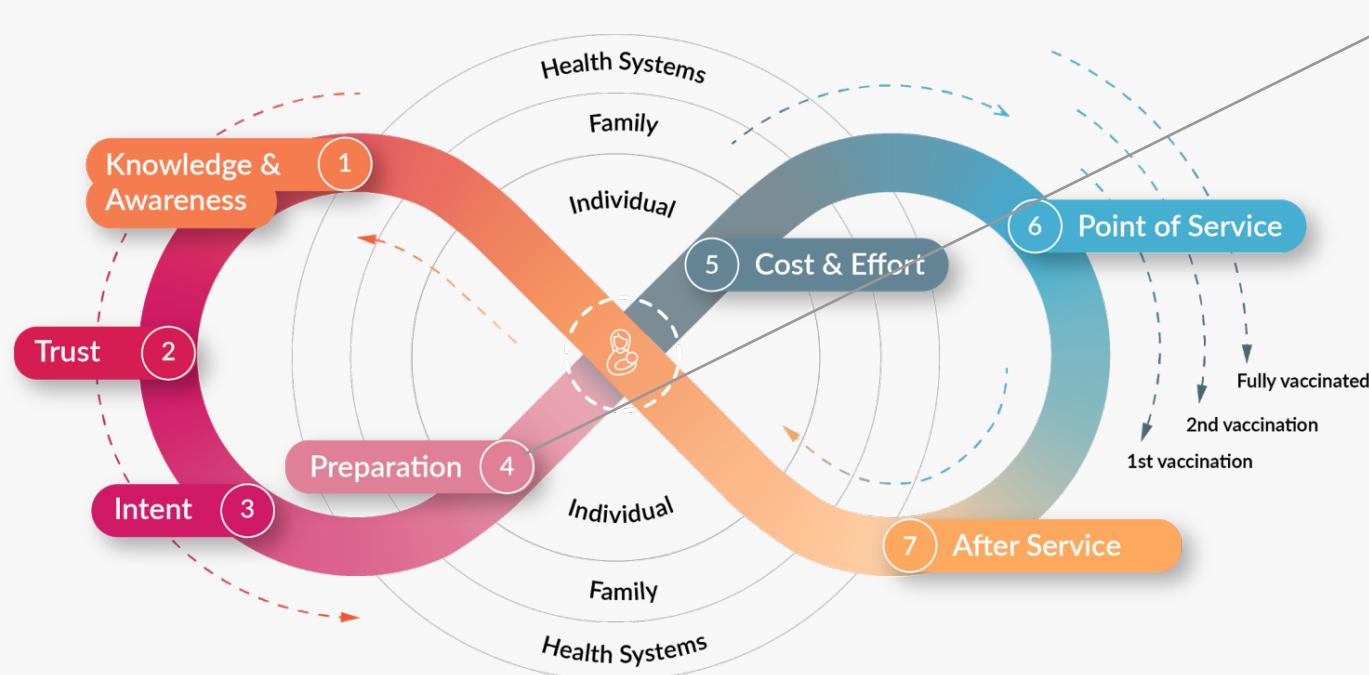
It is totally inconceivable we keep on cautioning this. Africa isn't a testing lab.

I would like to vividly denounce those demeaning, false and most of all deeply racists words.

Helps us save Africa with the current ongoing Covid 19 and flatten the curve.



# The Journey to Immunization: Preparation



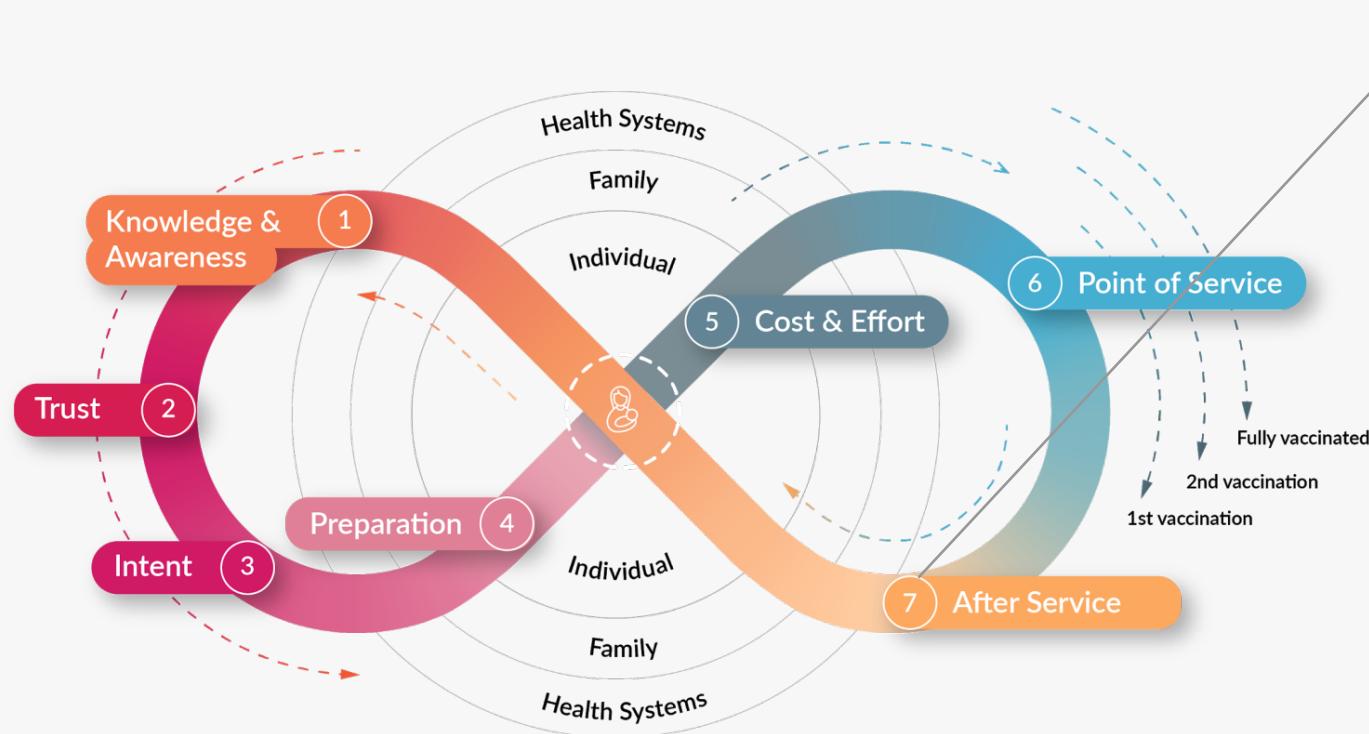
## 4. Preparation

Preparing for a visit to a health facility includes planning the logistics of accessing the services, finding transportation, arranging child care and mitigating opportunity costs

### Examples of preparation

- **Individual:** Taking time off of work, collecting vaccination cards/paperwork, identifying transportation route
- **Family:** Arranging child care, obtaining spousal approval
- **Health Systems:** FLW have the vaccines, are prepared to provide information on the vaccines

# The Journey to Immunization: After Service



## 7. After service

Short-term factors include immediate feedback, understanding the next steps and getting home from the clinic.

Long-term factors include side effects, cues to action, reminders, social reinforcement (what they tell their friends) and accepting the health service as a social norm.

### Examples of after service

- **Individual:** Positive perceptions of immunization experience, know when to receive the next dose and plan on returning, AEFI
- **Family:** Social norms, know how to deal with AEFI
- **Health Systems:** Provide reminders of next dose and reinforcement for visit, provide advice on what to do if AEFI

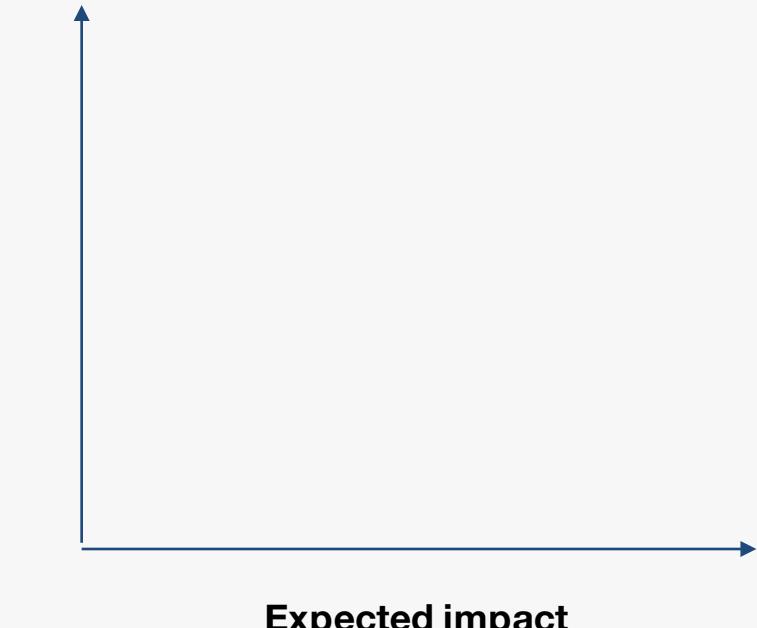
# How to prioritize interventions

## Feasibility:

- Is it easy to implement?
- Is it possible to do in the short-term?
- What needs to be changed in order for the intervention to happen?
- What activities need to be done in order for the intervention to happen?
- Do we have the time to do it? The money? The correct skill sets and human resources?

## Expected Impact:

- Why do we think the intervention will work?
- Is there past evidence indicating success?
- Will this impact the majority of our target population or just a subset?



# Assignment Presentations

# How this session will work

Each team has 10 minutes to present their assignment findings and rationale.

Instructors will ask a series of probing questions for the next 15 minutes surrounding the groups presentation and countries will discuss potential responses.



# Team 1: Viet Nam

COMMON THREAD

## Team Members

- Ha Pham
- Duong Thi Hong
- Dang Thi Thanh  
Huyen
- Nguyen Mai Khanh

# Team 2: Uzbekistan

COMMON THREAD

## Team Members

- Dilfuza Nabieva
- Diyora Arifdjanova
- Eleonora Sadirova
- Dilorom Tursunova

# Uzbekistan - Journey Mapping

**POPULATION:** Mothers that have recently given a birth are mainly passive vaccinators. They tend to vaccinate their babies when conditions are convenient.

|   | Knowledge & Awareness  | Trust   | Intent  | Preparation   | Cost & Effort   | Point of Service  | After Service  |
|---|--|---|---|---|---|---|--|
| <b>Individual factors</b>               | Understanding on the importance of vaccination but lack of knowledge and information on possible side effects of vaccination and actions to be taken if side effects occur.  | Lack of trust in service providers due to: lack of information on how vaccines are stored; lack of interpersonal communication and professional skills of service providers | Mother's-in-law and religious considerations impact intent to vaccinate   | Lack of access to transportation, household work that needs to be carried out mainly by women, lack of access to transport due to lockdown                          | Vaccination is free.  | Further develop the friendly attitude and interpersonal communication skills of health service providers  | Need for proactive and consistent follow-up by health service providers.                             |
| <b>Family factors</b>                   | Fear to contract COVID-19 in medical facilities; Lack of knowledge of family members on possible side effects of vaccination and actions to be taken; need for developing health seeking behavior/medical culture in the family. | Mother-in-law and husband's opinion and experience with health service providers impacts decisions  | Networks of the mother, including friends, neighbors, social media contacts may have an effect on mother's decision making.                   | Lack of family care to travel to vaccination points   | Lack of funds for additional medicine if there are any side effects; COVID-19 infection in the family may limit family members travel to vaccination points | Accessibility to services   | Lack of support from family members in case of side-effects discourages future vaccination           |
| <b>Health system and policy factors</b> | Need for further improvement on working with families to promote healthy lifestyle.  | Need for regular and timely certification and training of service providers on vaccination.   | Consistent communication with population needed to address misunderstandings, rumors & lack of knowledge about the importance of vaccination; | If some people will not get the vaccination on time, they will need to go to private polyclinics and pay for vaccination or wait one month to get free vaccination. | Policlinic free in public, but paid in private  | Health system burdened with addressing COVID-19 issues, insufficient staff allocated to vaccination; closure of some maternity hospitals and polyclinics & increase in the number of COVID-19 infections among health workers | Lack of information sharing on possible side effects of vaccination; (pamphlets, vaccination tables) |

# Uzbekistan - *Interventions*

| Issues  | Activities  | Responsible   | Indicators  |
|---|---|---|---|
| <ul style="list-style-type: none"> <li>- Fear of contracting COVID-19 in medical facilities;</li> <li>- Lack of knowledge of family members on possible side effects and actions to be taken</li> <li>- Need for developing health seeking behavior/medical culture in the family.</li> </ul> | <ul style="list-style-type: none"> <li>- Development of communication products to raise public awareness on measures taken for prevention of COVID-19 in medical institutions;</li> <li>- Capacity building of service providers on working with the population on routine immunization during pandemics;</li> <li>- Implementation of communication strategy to address the knowledge and information gaps of the population (currently MoH and UNICEF are implementing Communication strategy for 2018-2021);</li> <li>- Building the capacity of patronage nurses on using behavior change communication for changing the attitude of the population towards vaccination and healthy lifestyle;</li> </ul> | MoH (Sanitary Epidemiological Services), UNICEF, Ministry of Makhalla and Family Affairs (MMFA) | <ul style="list-style-type: none"> <li>- Communication products to raise public awareness on measures taken for prevention of COVID-19 in medical institutions developed and disseminated;</li> <li>- Guidance for health service providers on working with the population on issues related to routine immunization during pandemic developed;</li> <li>- Health service providers trained on working with the population on issues related to routine immunization during pandemic developed;</li> <li>- At least 80% of targets of the communication strategy achieved by early 2021;</li> <li>- Patronage nurses use behavior change communication for changing the attitude of the population towards vaccination and healthy lifestyle</li> </ul> |
| Need for further improvement of the focus on working with families to promote healthy lifestyle.  | <p>Capacity building of the “Centre on supporting healthy lifestyle and increasing physical activity of the population” on:</p> <ul style="list-style-type: none"> <li>- Developing behavior change strategies on vaccination and healthy lifestyle;</li> <li>- Integration of behavior change related indicators into the monitoring work of the center;</li> <li>- Building the capacity of patronage nurses and makhalla specialists on IPC skills;</li> </ul>   | MoH, UNICEF, MMFA   | <ul style="list-style-type: none"> <li>- Availability in the Centre of behavior change communication strategy on promotion of vaccination and healthy lifestyle;</li> <li>- Behavior and social indicators integrated to the monitoring system of the Center;</li> <li>- IPC skills module integrated into in-service training of patronage nurses and makhalla specialists;</li> </ul>   |
| Need for regular and timely certification and training of service providers on vaccination.   | Building the capacity of MoH in the organization of regular trainings and certification in line with international standards;   | MoH, WHO  | Regular trainings and certification organized in line with international standards;   |

# Uzbekistan - *Interventions*

| <b>Issues</b>   | <b>Activities</b>   | <b>Responsible</b> | <b>Indicators</b>  |
|---|---|--------------------|--|
| Consistent communication with population needed to address misunderstandings, rumors and lack of knowledge about the importance of vaccination; | Building the capacity of health service providers at all levels on behavior change communication; | MoH, UNICEF, WHO   | Behavior change communication is integrated into training curricula of medical institutions and in-service training course of medical staff; |
| Lack of information sharing on possible side effects of vaccination; (pamphlets, vaccination tables)  |   |                    |  |

# Team 3: Georgia

COMMON THREAD

## Team Members

- Nana Pruidze
- Ekaterine Adamia
- Nona Beradze
- Marine Topuridze

# Georgia - Journey Mapping

**POPULATION:** Caregivers of children under 5 years old in Georgia

|   | Knowledge & Awareness  | Trust   | Intent  | Preparation  | Cost & Effort   | Point of Service   | After Service  |
|---|--|---|---|--|---|--|--|
| <b>Individual factors</b>               | Child Immunization Status, data by caregivers is overestimated while comparing to the data from health facilities                          | Health care workers are main trusted source of information, but parents have lower trust among vaccine service providers compared to private healthcare providers | Increased hesitancy due to AEFI and vaccine contraindications; concern around getting COVID-19 at health facility | COVID-19 decreased access to clinic due to public transport closures   | Self-employed or privately employed caregivers have difficulties finding time for immunization; caregiver prone to immunize in prestigious far away health facilities, dealing with fever after vaccination (time off work, medicine etc.) is a barrier | Caregivers not always satisfied with service, discomfort with public transport due to face masks | No follow-ups to check health status of children after                                     |
| <b>Family factors</b>                   | Males with lower education less likely to be vaccinated compared to females  | Fathers or older family members decide if children get vaccinated   | Caregivers don't recommend vaccination with confidence and limited protection for health workers                  | ---  | Service providers have lack of time and resources to provide reminder calls   | Service providers overloaded and lack interpersonal communication skills                         | Lack of support from family members in case of side-effects discourages future vaccination |
| <b>Health system and policy factors</b> | No high coverage immunization awareness raising campaigns, healthcare workers of other specialties not convinced of vaccine benefit/safety | 80% of workers have no issues discussing immunization   | COVID-19 misinformation increasing hesitancy  | High quality vaccines increase HCWs confidence and decrease population resistance. Government purchases/free vs. paid vaccines and where vaccine manufactured are important criteria | Government supports vaccination through free vaccines but non-registered caregivers need to pay for paediatrician consult   | ---  | ---  |

# Georgia - *Interventions*

- 1 Education and awareness raising campaign using multi-media channels
- 2 Training of immunization providers in interpersonal communication
- 3 Required continued medical education courses on immunization for health care providers
- 4 Automotive reminder SMS calls to caregivers
- 5 Immunization application for caregivers to improve awareness and support following the immunization schedule

# Team 4: Armenia

COMMON THREAD

## Team Members

- Svetlana Grigoryan
- Gayane Sahakyan
- Pirijida Simonyan

**Please submit your feedback to this session here**

[Learning Lab Feedback Form](#)

# Contact Us

**[hello@gocommonthread.com](mailto:hello@gocommonthread.com)**

For any technology or course questions use the email above to contact your instructors directly. You can also connect with your instructors directly on Learnworlds.

**COMMON THREAD**



# FAQ's

1. Did you find the assignment helped you apply what you learned in the online course?
1. How did you complete the assignment as a team? (e.g. Virtually, one person per question, in person?)
1. Do you think receiving the rubric ahead of time would be useful?
1. What advice would you provide to a friend completing this assignment?
1. Any final feedback or thoughts on the assignment or course in general? Anything you'd really want to learn in the future?